

ISMET Ramadhan Fasting Chart

Grade:

www.metpdx.org

Student Name:

Dear Parents, As-Salamu Alaikum,

Although your child may not have reached the age where they are required to fast, many children enjoy and learn from fasting whether it's the entire month of Ramadan, weekends only, or an occasional day.... even a ½ day for the very young child. We will be giving a certificate at the end of Ramadhan for the days your child fasted. Our goal is to encourage your child and include them in this special month.



Day	Full day	½ Day	Not at all	Signature
اليوم	يوم كامل	نصف یوم		توقيع الأهل
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
25				
26				
27				
28				
29				
30				