



MET Community Center **Pool Rules**

No Food or Drink is allowed in pool area

Please allow 1-2 hours after eating before entering the pool

Make sure to pick up ALL your belongings

Please do not litter or relieve yourself in pool

**A Cleansing shower is REQUIRED BEFORE & AFTER
pool use**

**Only swim attire (following guidelines of modesty) is
allowed in pool**

No undergarments are allowed

Ladies have to wear a swim cap

Only MET Swim Equipment is allowed in pool

**Please follow the instructions of the lifeguard
on duty AT ALL TIMES**

ABSOLUTELY NO DIVING or RUNNING on pool deck

NO Boys during Girls' Open Swim & Vice Versa

Children under 5 are NOT allowed in the pool

**Please exit the pool area thru Main Pool Entrance
Keep restrooms/locker rooms locked at all times for privacy**

Thank you for your support and cooperation!